

## A DAY AT THE WATER PARK

## CASTING HOPE FOR SAFER SWIMMERS

These tips will help keep your child safe while honoring existing swim skills. Remember, the additional chaos of this environment puts your child at an increased risk. Consider that many families wait until their children are older and more skilled before visiting a water park.

## **KEY OUTCOMES:**

- Ensure a 1:1 ratio, with 1 adult for every non-swimmer or new swimmer.
- ALWAYS be in the water and within arm's reach of your child.
- Consider a life jacket when your child is on deck between swim times.
- If your child is in the water while wearing a life jacket, avoid allowing them to swim and play in deep water. This puts them in a vertical position and can promote a false sense of security. These devices are better suited for wading pools as an extra layer of protection.
- If life jackets are required at the park, hold your child tight in deep water to avoid allowing them to feel freedom and independence in the vertical posture.
- Avoid catching kids at the bottom of slides and after jumping in. If they're encouraged to engage in these activities, they should be strong enough to swim to you after entering the water.
- Dress your child in bright colors.

• Consider a splash pad or sprinkler party for non-swimmers. These are much safer activities and just as much fun!

FOR MORE RESOURCES SCAN OR VISIT:

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